



## 20 Years of Safety Excellence – September 2023: Mental Health Awareness

Construction has one of the highest rates of death by suicide of all industries in the United States, about four times higher than the general population. MCAA is proud to tackle Mental Health Awareness & Suicide Prevention head on with a series of NEW resources developed in partnership with the United Association (UA).

### **Mental Health Awareness & Suicide Prevention Video**

Our newest safety and health video highlights the success story of an industry veteran, with appearances from MCAA's president Robert Beck, the UA's Jen Massey, industry expert Dr. Sally Spencer Thomas, and MCAA member Ricky Reams.

- [Video](#)

### **Joint Statement from MCAA & UA**

UA General President Mark McManus and MCAA President Robert Beck highlight the importance of mental health awareness and suicide prevention.

- [Statement](#)

### **988 Chips & Hard Hat Stickers**

The MCAA and the UA have partnered to create UA/MCAA branded chips and hard hat stickers highlighting the 988 National Suicide and Crisis Lifeline.

- MCAA members can order items by filling out [this form](#). Those with questions can contact Raffi Elchemmas ([raffi@mcaa.org](mailto:raffi@mcaa.org)).
- UA members can order right from the UA's webstore. Those with questions can reach out to Nicole Jeup ([nicolej@uanet.org](mailto:nicolej@uanet.org)).

### **Mental Health Toolbox Talks**

This series of toolbox talks are easy to reference, quick to use, and a great way to start the conversation on mental health awareness and suicide prevention in construction at your company.

- [Toolbox Talks – English](#)
- [Toolbox Talks – Spanish](#)

### **Additional Resources**

UA workers and MCAA members can access several posters, flyers, and other resources through these sites:

- Construction Industry Alliance for Suicide Prevention (CIASP)
  - [preventconstructionsuicide.com](https://preventconstructionsuicide.com)
- Occupational Safety and Health Administration (OSHA)
  - [osha.gov/workplace-stress](https://osha.gov/workplace-stress)
- **988 Hotline**
  - [988lifeline.org](https://988lifeline.org)