



## 20 Years of Safety Excellence – **October 2023: Confined Spaces**

Whether you are a fitter, plumber, or HVAC technician, using safe work practices will help protect you and others from hazards in and around confirmed spaces. A confined space is defined as a space with limited or restricted access that is not designed for continuous human occupancy. Why is it hazardous? Oxygen content below 19.5% makes it difficult to breathe and increases the risk of combustion by more than 23.5%. Flammable gases or vapors and other physical hazards may also be present. This month's kit includes a confined spaces video, bulletin, and model program.

### **Worker Safety Training Videos & Accompanying Resources**

#### **Confined Spaces in Construction**

- [Video](#)
- [Pocket Guide](#)
- [Documentation Sheet](#)
- [Test](#)
- [Answer Key](#)

#### **Safety Bulletin**

- [Confined Spaces \(Construction\) \(OSHA Rule\)](#)

#### **Model Safety Program**

- [Confined Spaces \(Construction\)](#)